
MEMORANDUM

TO: COORDINATORS AND EDUCATORS OF MICHIGAN CERTIFIED
DIABETES SELF-MANAGEMENT EDUCATION PROGRAMS

FROM: KAREN BOYER, RN, MSN, COORDINATOR, CERTIFICATION PROGRAM

SUBJECT: UPDATE

DATE: SEPTEMBER 4, 2003

PLEASE NOTE “ACTION” ITEMS!!!!

E-mailing:

Since most programs now have e-mail addresses, we are starting to use this method of communication in lieu of traditional mail. The brochures for the annual coordinators’ meeting were emailed. However, because we discovered that not everyone received the e-mail (despite no “undeliverable” notice), the brochure is enclosed with this memo.

ACTION

If you have not been receiving e-mails from Olga or myself, please notify Olga De La Cruz at 517/335-9759.

Certification Program changes:

The “Change Form” has been revised and a copy enclosed. This form is to be submitted when there are any significant changes to your program (staff, address, additions of sites or components, etc.). The form can also be downloaded from the MDCH, Certification Program Web site.

New Program: I would like to welcome Northern Michigan Hospital to Michigan’s Certification program. This program was certified in May of this year and Ann Scott is the program coordinator.

The certification/recertification policy is in the process of being changed. Certification will become “non-expiring”. A random sampling will be done yearly to select 10% of the programs for

site visits. Programs will not eligible for a site visit more frequently than once every 3 years. A state certification site visit will not be made if an ADA Recognition site visit was made within 3 years. This revised policy will be available at the annual meeting and will be implemented November 1, 2003. The moratorium on recertification site visits initiated earlier this year extends to the end of the fiscal year (9/30/03). New certificates without an expiration date will be issued to all programs eventually.

ACTION

In preparation of instituting a random sampling for site visits, please let Olga De La Cruz know if you had an ADA Recognition site visit in the last 3 years (October 1, 2000 – September 30, 2003). If you receive notice that your program was selected for an ADA Recognition site visit for 2003-2004, please let Olga know ASAP.

Medicaid

The policy authorizing Medicaid reimbursement for DSMT has been revised, effective 10/1/03. The revisions occurred because Medicaid was required by law to be HIPPA compliant. The revisions resulted in standardization of billing processes with Medicare used as the aligning framework. The following materials are enclosed: Bulletin announcing the change, - this bulletin includes billing instructions; memo that includes the comments and response from the public comment period.

Representatives from Medicaid will attend a portion of the annual coordinators' meeting October 9 to answer questions or provide clarification that may be needed (see "ACTION" below).

ACTION

Please e-mail (boyerk@michigan.gov) or fax (517-335-9461) any questions you have regarding Medicaid reimbursement of DSMT so they can be addressed at the coordinators' meeting.

Promotion of DSMT programs:

Healthcare Providers' Guide: This booklet is now on the MDCH DPCP's web site – under "Certification Program". This version will be kept updated (particularly the listing of the Recognized and Certified DSMT programs). Feedback from providers who have received these booklets has been very positive.

DSMT poster: The posters ("You Can Prevent Diabetes or its Complications") have been distributed in a variety of locations but, apparently use of the posters in healthcare providers offices has been minimal. I would appreciate hearing any comments you may receive from participants who may have seen the poster somewhere (i.e. did it have an influence), but will not attempt to obtain specific feedback as requested in the last "Update".

ACTION

A significant increase in referrals, particularly a noticeable "spike" during the summer months when most of the booklets were distributed, might be an indication that the Healthcare Providers' Guide" contributed to increased awareness/knowledge of DSMT. Please report to me any significant

increase in referrals. Additionally, any anecdotal feedback you receive would be very much appreciated. E-mail boyerk@michigan.gov

Annual Coordinators' Meeting

The meeting will be October 9, 2003 at Weber's Inn in Ann Arbor. The meeting is for coordinators only and others per invitation. Please talk with me if you feel it is necessary that someone in addition to the coordinator attend.

ACTION

Revised annual statistical report form: Enclosed is the revised Annual Statistical Report form – the one sent with the last “Update” (April 3) had some missing information. Please discard the form previously sent and use the one enclosed. This report is due November 30, 2003.

AADE Educator of the Year

The last “update” congratulated Fern Vining, as the recipient of MODE's Educator of the Year, and I am pleased to extend congratulations to Fern once again – but this time for being recognized as the #1 diabetes educator in the entire nation! Michigan's Diabetes Prevention and Control Program has been fortunate that Fern's commitment to DSMT has also been demonstrated by participation in a variety of state projects and committees and her input has been invaluable and very much appreciated. Best wishes are extended to Fern for an interesting and fun year of travel as she shares her wisdom and experience with DSMT programs around- the country.

National Initiatives:

Steps to a Healthier US was launched earlier this year by Health & Human Services Secretary Tommy Thompson. The purpose of this initiative is to improve the lives of Americans through innovative and effective community-based chronic disease prevention and control programs. The focus is on primary prevention and will prioritize diabetes, obesity and asthma as well as their risk factors. The competitively awarded grants will fund more than a dozen demonstration projects in communities across the country. Michigan submitted an application and expects to hear soon since the project is to begin September 22.

Diabetes Primary Prevention Project, is sponsored by CDC's Association of Chronic Disease Directors. Michigan's Division of Chronic Disease and Injury Control was one of 6 applicants who received funding. States awarded this grant will be provided with funding and technical assistance to establish or strengthen an infrastructure that sustains cross-program collaboration within a range of risk factors and diseases or conditions. The desired results of the overall project are to identify cost-effective primary prevention models that can be replicated in states/territories and to develop recommendations for policy change that will facilitate the integration of primary prevention into established DPCPs. The initial grant was relatively small (\$63,000) but there is the potential for additional funding.

Diabetes Detection Initiative is a pilot project initiated by the US Health & Human Services Office of Minority Health and seeks to find those who have undetected diabetes. It will be targeted for high risk individuals in selected cities in ten states in the US. Michigan has been selected as one of the ten states and Flint has been selected as the site for the pilot. The project will involve partnerships between community, regional, state and national groups and agencies and will start in

November 2003. Further details will be provided to you as the project develops. ADA's risk factor assessment test is the main tool that will be used. See www.healthgap.omhrc.gov for more information.

MDPCP Strategic plan:

The Strategic plan has been finalized and will be rolled out at the October 7th meeting of the Diabetes Policy Advisory Council Meeting.

Flu

The CDC has determined that vaccine production for the 2003-04 influenza season is proceeding satisfactorily and that projected production and distribution schedules will allow for sufficient supply of influenza vaccine during October and November. Therefore, influenza vaccination can proceed for all high-risk and healthy persons as soon as vaccine is available.

Influenza vaccination is important! New analyses of data suggest that over the past two decades, substantially more influenza-associated deaths occurred among persons over 65 than was previously estimated.

New Brochure: A brochure to replace the "life Saver" brochure has been developed by MDCH (joint effort by Diabetes and Immunizations sections). A sample is enclosed. The brochure may be ordered from the MDCH Clearinghouse at www.hpclearinghouse.org. Up to 500 copies will be available per order. The text of the brochure will also be available on the MDCH Immunizations web page.

Resources:

The 3rd edition of "Take Charge of Your Diabetes" is now available. The purpose of the publication from the Department of Health and Human Services, Centers for Disease Control and Prevention, Division of Diabetes Translation, is to provide a comprehensive, but low-literacy (6th-to7th-grade reading level) diabetes patient guide. It is available on the Internet in English and Spanish at <http://www.cdc.gov/diabetes> (select publications and products). Copies of the book may also be requested by phone: 1-877-CDC-DIAB (232-3422).

Prescription drug patient assistance programs: A user –friendly database containing information about all the programs available can be found at www.helpingpatients.org.

In honor of "2003 National Cholesterol Education Month", a Web-based tool kit is available from the national Cholesterol Education Program. It is available free of charge, but only online. Look at: <http://hin.nhlbi.nih.gov/cholmonth/>.

National Institute on Aging is offering a free booklet called "Aging under the Microscope: Biological Quest" that explains what scientists are learning about aging. Also being offered is a free 80-page guide called "Exercise: A Guide from the national Institute on Aging". It is designed to assist older persons in starting a safe and effective fitness program. For these publications phone: 1-800-222-2225, e-mail: njaic@jbs1.com; . Or by visiting: <http://www.nia.nih.gov/>.

National Diabetes Educational Program (NDEP):

New publications:

- “Diabetic Neuropathies”
- “High Blood Pressure and Kidney Disease”
- “What I need to know about Urinary Tract Infections”
- “Diabetes in Children and Adolescents – fact sheet” (an informative guide with basic information on the different types of diabetes, special issues related to children, etc).
- Diabetes in Children and Adolescents: Resource Directory—a web-based directory providing links to governmental, educational, and voluntary organizations that offer information and resources related to children and adolescents with diabetes
- Annotated Bibliography—online resource for health care professionals and parents of children with diabetes that provides abstracts of articles from the biomedical literature about children and adolescents with diabetes, risk factors, and special high-risk populations
- “If You Have Diabetes, Know Your Blood Sugar Numbers”
- “Diabetes Numbers-at-a-Glance Card for Health Care Providers” (2003 edition)
- “7 Principles for Controlling Your Diabetes for Life”.

To order these publications or any other NDEP materials, call 1-800-438-5383 or visit <http://ndep.nih.gov>.

Another new publication - “Helping the Student with Diabetes. A Guide for School Personnel Succeed” has recently been developed and can be found at: <http://ndep.nih.gov/materials/pubs/schoolguide.pdf>. NDEP is planning to mail copies of the school guide to members of the national Association of School Nurses and to 26,000 nonmembers. A copy will also be sent to every School District Superintendent and School Health Coordinator at public school districts across the country.

Joining People with Diabetes (JPD)

This group has been involved in a variety of activities this year including developing a support group booklet and a training guide. Meetings for the remainder of this year are: September 10 and November 12. Please call Dan Diepenhorst (517-335-9462) for additional information about promoting/developing support/self-help groups.

Staff Changes:

Julie Shippy has replaced Ann Scott as Project Director for TIPDON.

Ann Scott is now the Director of Northern Michigan Hospital's Diabetes Center and Program Coordinator of their DSMT program which was state certified in May of this year.

Jean Chabut, The Division of Chronic Disease and Injury Control Chief (Diabetes Prevention and Control Program is in this Division) has accepted the position of Chief Administrative Officer, Public Health Administration.

Jan Christensen, former DPCP Section Manager accepted the position of Director of Health Policy and Regulation. Approval has been received to fill the Diabetes and Other Chronic Conditions Section Manager position, which Jan vacated; however the Division Chief's position that Jean Chabut vacated will be filled first.

Judy Nechal has resigned from per educator position at SEMDOM and will be assuming a new educator role at Hurley Hospital's DSMT program.

Ann Stys, Director of SEMDON, has resigned and assumes a new position at Henry Ford Hospital 10/1/03 where she will be working on the National Institutes of Health "ACCORD" research project (dealing with cardiovascular factors in diabetes).